

# THE PILATES SOURCE®

PRESENTING

## THE NEW YORK PILATES STUDIO® AT RHINEBECK PILATES PROFESSIONAL TEACHER TRAINING PROGRAM

THREE WEEKENDS IN 2026 AND 2027

**BASIC SYSTEM**

**NOVEMBER 6, 7, 8 2026**

**INTERMEDIATE SYSTEM**

**JANUARY 15, 16, 17 2027**

**ADVANCED SYSTEM**

**April 2, 3, 4 2027**



**Sean P. Gallagher, PT** - Sean has been practicing Pilates since 1984 and was certified by Romana Krysanowska in 1991 and has been a teacher of teachers for over 20 years.

**Elaine Ewing** - Elaine has been practicing pilates since 1999 and is certified by Sean Gallagher and The New York Pilates Studio® and is a Pilates Guild® member.

Class limited to 15 participants to ensure high quality training & teacher/student ratio. Information about joining us for this unique training experience

Please e-mail to [Elaine@rhinebeckpilates.com](mailto:Elaine@rhinebeckpilates.com)

You can also download the **CERTIFICATION INFORMATION PACKET**

